

SPRING 2015

Arlington Catholic High School



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Class of 2015 Graduates
PHOTO CREDIT: ARTHUR INGALLS, GESKUS PHOTO

### Principal's Letter

Dear Friends,

As always, I am humbled to be a part of this fine school. As I sat and watched the proud students at graduation in May, I reflected on the great adventures ahead for each of our seniors as you go from the safety of this controlled environment to one where you are far more at liberty to choose your paths. The joys of greater freedom and responsibility await you and I believe that Arlington Catholic has prepared you well to take on new challenges and a change in direction in your lives. Good luck.

We completed another excellent year, my 17th as a leader of this school (VP 1998-2004, then Principal), with many highlights, including multiple championship playoffs, another trip to the Romero Center, and the wonderful production of *Godspell*.

We want to thank all the parents and guardians for your support throughout the school year. We respect the sacrifices each family makes to send their child to Arlington Catholic, and we will continue to put our students first in everything we do!

We had two teachers retire this year after long and dedicated careers at AC. Bill Naughton and Kathleen Grugan will be missed. Please come back and visit us often.

Our school is highly regarded internally and externally and it always makes me proud to hear consistently positive feedback from visitors. We like to share our stories with you, and for the last 7 years we have communicated twice a year to our entire community – alumni, parents, past parents and friends - through Fidelitas. Starting with this issue however, we are switching to a once a year format. But do not worry, we will still send letters and emails with school highlights and information. And if you have any questions, feel free to contact me anytime.

The end of every school year is a time for celebration and reflection. I will spend my summer thinking about the lessons from the past year and making plans for the fall of 2015. We will also be busy overseeing the renovation of the school gym. The court, which has been in place since the school was built in 1959, will be updated as will the Cougar Den. Please see more information about this exciting fundraising opportunity on page 38.

If you have ideas to share with me, please do. Thank you and I look forward to seeing you soon!



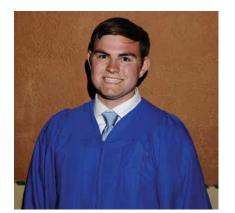
Faithfully Yours,

Stephen Biagioni, Principal



Students perform in our ACDC spring production, *Godspell* 

## Class of 2015 Commends...



VALEDICTORIAN Jacob Fulton

Jacob Fulton, the Valedictorian for the Class of 2015, has consistently proven to be a top student who also has talent in many other areas. Jake's near-flawless transcript, which includes nine Advanced Placement courses, and membership in the National Honor Society reflect his dedication to his school work. Jake is a College Board AP Scholar with Honor, reflecting his passing scores on many AP exams. Jake is a member of the Soccer and Tennis teams at AC; serving as tennis captain for two years. Jake earned the Eagle Scout Award, the highest rank in the Boy Scouts of America, while undertaking a very demanding school and athletic schedule. At the Awards Ceremony, Jake was recognized for many achievements, including medals in the National Latin and Roman exams. Jake intends to study at Georgetown University in the fall.

Jake began his Commencement Address by recognizing how quickly the past four years have gone and how it is the season for goodbyes. In the midst of goodbyes, he reminded his class of all their

'hellos' over the past four years, including Freshman Orientation, State and CCL Championships, and numerous friendships made along the high school journey. He encouraged his classmates to contribute positively to the world, using his own experience at the Romero Center as an example, no matter how small or humble, that way might be. Jake left his class with words from the prayer of Oscar Romero, "We cannot do everything, and there is a liberation in realizing that. This enables us to do something, and do it very well. It may be incomplete, but it is a beginning, a step along the way, an opportunity for the Lord's grace to enter and do the rest."



SALUTATORIAN Brian Hart

Brian Hart, the Salutatorian for the Class of 2015, has maintained an excellent academic record while also participating in many aspects of high school life. Brian is a member of many clubs at AC: the National Honor Society and the Spanish National Honor Society; the Humanitarian Club; the Science Club; and the Spanish/World Language Club to name a few. Brian is an AP Scholar with Honor, reflecting his 8 AP courses, and a National Merit Commended Student based on his excellent PSAT scores. Brian volunteers and is an intern at Reach Out and Read, an organization that promotes early literacy and school readiness to young children. Brian plans on attending Tufts University in the fall.

Brian's Commencement Address reminded the students that they were, like at Freshman Orientation, gathered together in one place, uncertain of what lay before them; the same "nervous anticipation" that hung over them was present in the room once again. Acknowledging

that AC had prepared them well for what lay ahead he encouraged his classmates to heed the words of George Eliot, "It is never too late to be who you might have been," and push themselves out of their comfort zones into trying new personalities and challenges in their years of college and beyond. Brian concluded by asking his classmates to "cherish the good memories and learn from the bad ones" while remembering all the people who helped them become the people they are today.

#### SISTER MELANIA AWARD

#### Kathleen McLaughlin



Kathleen McLaughlin is the recipient of the Sister Melania Award, named for the first principal of AC and given to the graduating girl who the faculty feels demonstrates school loyalty, character, service, achievement and leadership.

Kathleen has been involved since arriving at AC. She is a member of the National Honor Society and has received several Latin awards, including medals in the National Latin Exam and the National Etymology Exam. She is also the President of the Student Senate, a member of SADD, the Model UN, and the Humanitarian Club, having traveled to the Romero Center in New Jersey on more than one occasion. Kathleen is a member of the Cross Country, Girls' Ice Hockey and Lacrosse Teams, where she helped her teams win championships while being named League All-Star several times. All of this while earning excellent grades in 8 AP and many honors courses over her high school career shows the dedication and passion that Kathleen puts into all that she takes on.

Kathleen will attend Boston University in the fall where we are confident she will continue to excel in all that she does.

#### MSGR. O'GORMAN AWARD

#### Jacob Fulton



Jacob Fulton is the recipient of the Msgr. O'Gorman Award, named for the pastor of St. Agnes Parish when AC first opened and given to the graduating boy who the faculty feels possesses the same characteristics as the winner of the Sister Melania Award.

Jake is an excellent student who is involved in many aspects of the school as well. He is a member of the National Honor Society and has won medals on the National Latin Exam and the National Entomology Exam. He leads his peers as a member of the Student Senate and as Junior Class President. Jake is also a member of SADD, the Photography Club, the Humanitarian Club (traveling to the Romero Center several times) and the International Club. In addition to all of this he is also a member of the Soccer and Tennis Teams, serving as Tennis Captain for the past two seasons. Jake earned the Boy Scouts of America Eagle Scout Award; his service project was nominated as Eagle Scout Project of the year.

Jake will be attending Georgetown University in the fall where we know he will do well and continue to give back to those around him.

#### SISTER CATHERINE CLIFFORD TRIBUTE AWARD

#### Lauren Leonard



Lauren Leonard has been chosen to receive the Sister Catherine Clifford Tribute Award. Funded by the faculty, who also selects the recipient, the award is given to the student who best represents the motto of the long-time principal, "Act

justly, love tenderly, walk humbly with your God."

Lauren is the President of the Class of 2015. She is a member of SADD, serving as President, a member of the Spanish/World Language Club, the Drama Club, the Student Senate and the Yearbook staff. Lauren's transcript reflects the taking on of more difficult courses in order to challenge herself academically. Lauren has participated in the Relay for Life, an event that motivated her to do more to give back to the community.

Lauren will be attending High Point University in the fall where we know she will continue to uphold Sister Cathy's motto.

#### MSGR. LINNEHAN AWARD

#### Matthew Mancini



Matthew Mancini has been chosen to receive the Msgr. Linnehan Award, named for the long-time pastor of St. Agnes. Funded by the faculty who also selects the recipient, the winner is someone they feel has made a difference at the school, who lives his or her faith, and who is generous,

sincere, caring and dependable.

Matthew is a well-rounded student who contributes to the life of AC, inside and outside of the classroom. Matt has taken a number of AP and honors courses and is a member of the National Honor Society and the French National Honor Society. Matt is member of SADD and the French/World Language Club. A member of the Football, Ice Hockey and Baseball teams, Matt puts in many hours of practice to better his athletic abilities. What makes this honor special for Matt is that he won the Fidelity House Msgr. Linnehan Award, given to students who are well-rounded in the areas of leadership, athletics, personality, service and character- all characteristics Matt has displayed at Arlington Catholic.

We wish Matthew all the best at Clemson University in the fall.

# Baccalaureate Mass & Awards Ceremony

On Wednesday, May 20, the Arlington Catholic High School Community gathered to celebrate Mass and the achievements of the Class of 2015! Thirty-eight students received stoles from the National Honor Society and another thirty-three received cords from the National French and Spanish Honor Societies. Five Students were recognized as National Merit Commended Students and Outstanding Participants - Kenneth Fong, Brian Hart, Jacob Fulton, Elizabeth McCall and Meghan Volcy. Kathleen McLaughlin was recognized as a Cardinal Medeiros Scholar, earning a full scholarship to Boston University. Two students received perfect attendance for all four years - Sally Dunning and Ryan Spagnoli. Students were also recognized for all the scholarships they received totaling almost \$9 million to colleges and universities!



Kathleen McLaughlin was recognized as a Cardinal Medeiros Scholar



### The Tradition Continues...

The Class of 2015 included 17 seniors whose parents also graduated from AC. What a wonderful and proud tradition and legacy this displays!

Pictured (but not in order are):

Zach Bairos with him mom Ann-Marie (Amaral) '88 Katherine Crane and her mom Tricia (Babine) '81 Alyssa Cunha, dad Keith '86 and mom Kristen (Crowley) '88 Allyson Cunningham and her mom Maura (Cronin) '88 Olivia Dellanno and her mom Liz (Regan) '81 Sam Jennings and his mom Mary (Kelly) '86 Nora Jordan and her mom Dierdre (Lee) '88 Thomas Kent and his mom Lauren (Drohan) '83 Michaela Knight and her mom Stacie (Pallotta) '77 Nolan McIsaac and his dad Bob '78 Allison O'Neill and her mom Cara (O'Connor) '84 John Peer and his dad John '80 Charlie Pigott and his dad Charlie '83 Edward Reardon and his mom Dana (Malone) '88 Jake Redmond and his mom Tanya (Bouchard) '91 Melissa Rogers and her dad Dave '86 And Brendan Whitney and his mom Rita (D'Alleva) '84













# Senior Parent Social

On February 5<sup>th</sup>, the members of the AC graduating Class of 2015 and their parents gathered in the Arlington Catholic gymnasium for the annual Senior and Parent Social. The night was highlighted by Hypnotist Extraordinaire Tommy Vee, who wowed the crowd as he persuaded, through hypnosis, select students and parents to let loose and use their imaginations. There were over 20 volunteers this year, and some highlights included seniors Julie Fager and Lindsey Thorpe showing off their dance moves, senior Jake Ryan sending out orders to his villagers, and senior Lou Wolk demonstrating his best "air piano." The show stealer, however, was Mr. Edward Barrasso, father of senior Meghan Barrasso, who was a great sport and woke up surprised to find three Band-Aids on his face.

Special thanks to senior class president Lauren Leonard, the senior class officers, and their parents for providing dessert and coffee for the event.





















## Senior Class Day

On May 18<sup>th</sup>, members of the Class of 2015 gathered at the AC Turf Field for the annual "Senior Class Day" to kick off Graduation Week!

The weather was perfect as students spent the day reminiscing about their four years at AC, signing yearbooks, and enjoying the sun. A large group of seniors showed Ms. Cassell that they still remember how to play kickball, and another group could not be torn away from the inflatable obstacle course. For lunch, Mr. Sarmiento and Mr. Cobb manned the grill and cooked up burgers and hot-dogs for the entire class.

There was some friendly competition during the day as well, organized by the senior class officers. The #1 seeded team of Dalton Chaffee and Brendan Whitney won the 16-team "Cornhole" Tournament, and Varsity Baseball Teammates Jimmy Herbert and Paul Frisoli were the last team standing in the water balloon toss.

It was another great day, a special thanks to everyone who made it possible!







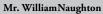
## Yearbook Dedication

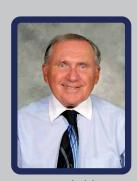
The Class of 2015 dedicates this yearbook to

#### Mr. Naughton and Mr. Flaherty

Arlington Catholic has been lucky to have themas teachers for so many years. We want to thank themfor inspiring us to learn while also making us laugh.







Mr. Joseph Flaherty





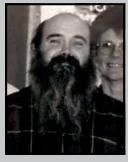




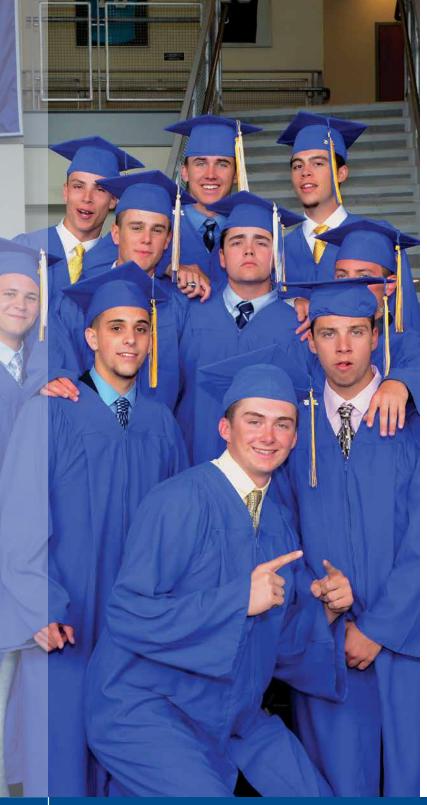












# Commencement 2015

On Thursday, May 21st, the 51st class graduated from Arlington Catholic. Over 2,000 people came together at the Dana Athletic Center at Bentley University to celebrate the proud graduates of the Class of 2015. In addition to this year's graduates, we also feted a lovely group from the Class of 1965.

Principal Biagioni was once again at the podium offering words of welcome and congratulations to the students. As is our tradition, the Senior Class Vice President, Olivia Scioletti then led the class in the Pledge of Allegiance, followed by Vanessa Salvucci '01 singing a glorious version of the National Anthem. Invocation was delivered by Rev. Brian Flatley, Opening Remarks were shared by Lauren Leonard, Senior





Class President, and then our scholars, Brian Hart, Salutatorian, and Jacob Fulton, Valedictorian, offered their words on this emotional milestone day.

Our excellent Commencement Speaker this year was Charles Lyons, Class of 1971. Mr. Lyons has been a leader in education and government in Massachusetts since he graduated. Mr. Lyons has also proudly supported AC throughout the years.

After hearing from so many eloquent people, the students received their diplomas and embarked upon their next exciting journey.





















## Future Plans

The Members of the Class of 2015 will be attending the following Colleges and Universities in the Fall of 2015.

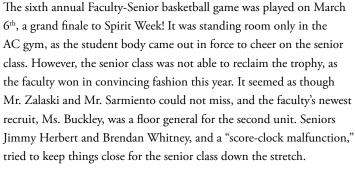
Andrew Ahern	Fisher College	Verena Ferraz
Katherine Amato	Northeastern University	Lauren Fitzgerald
Tyler Babineau	United States Marine Corps	Molly Fitzgerald
Zachary Bairos	Southern New Hampshire	Joseph Foley
	University	Kenneth Fong
Peter Bardascino	Wheaton College	Julia Forbes
Meghan Barrasso	Franklin Pierce University	Michael Franco
Melanie Blake		Paul Frisoli
Veronica Booth	Boston University	Jacob Fulton
Daniel Boudreau	Merrimack College	Michael Garvey
Kyle Boudrias	University of Massachusetts,	Jenna Gatcomb
	Boston	Andrew Greaves
Katelyn Boyle	University of Massachusetts, Lowell	Francis Greenwood
Catherine Brady	University of Massachusetts, Lowell	Meagan Hallaran
Cassidy Bruen	Plymouth State University	Brian Hart
Mary Rose Bulger	Rivier University	Matthew Hennigar
Dorie Campbell		James Herbert
Nicholas Caraco	North Shore Community College	Greg Huh
Nicolas Carvello	Suffolk University	-
Jamie Casey	Framingham State University	Samuel Jennings
Taylor Cavanaugh	Westfield State University	Jessica Joas
Dalton Chaffee	Bentley University	Nora Jordan
Astride Chery	Boston College	Kerry Keeffe
Woo Sung Chung	University of Massachusetts, Lowell	Peter Kelly
Rachel Cole	Fordham University	
Stephanie Cole	Flagler College	Thomas Kent
Matthew Connors	George Mason University	Geunwoo Kim
Campbell Conrad	University of New Hampshire	
John Cordero	Assumption College	Seaghan Kinneen
Mikayla Coyne	Emmanuel College	Philip Kirkpatrick
Katherine Crane	Salem State University	Michaela Knight
Alyssa Cunha	Assumption College	Adam Kubiak
Allyson Cunningham	Curry College	Stephen LaVasseur
Mikayla Cutler	Suffolk University	
Mary DeFrancesco	Merrimack College	Lauren Leonard
Olivia Dellanno	Siena College	Zhaohui Li
Ariana DiFelice	Suffolk University	
Alexander Dolan	Salem State University	Zhaoxia Li
Mark Donovan	College of the Holy Cross	
Paris Dunford	High Point University	Connor Lopes
Sara Dunn	Salve Regina University	Molly Lucey
Sally Dunning	Brandeis University	Ericka Luongo
Cameron Durgin	Southern New Hampshire	Emma Lutz
	University	Joseph Lyons
Julie Fager	Boston University	Thomas Magee

Verena Ferraz	Pace University, New York City
Lauren Fitzgerald	Assumption College
Molly Fitzgerald	
	University of Massachusetts, Lowell
	Worcester Polytechnic Institute
Julia Forbes	Saint Joseph's University
Michael Franco	Suffolk University
Paul Frisoli	Bentley University
Jacob Fulton	Georgetown University
Michael Garvey	Suffolk University
Jenna Gatcomb	Cosmetology School
Andrew Greaves	University of New Hampshire
Francis Greenwood	University of Connecticut
Meagan Hallaran	Westfield State University
Brian Hart	Tufts University
Matthew Hennigan	University of New Hampshire
James Herbert	Suffolk University
Greg Huh	University of California,
	Los Angeles
Samuel Jennings	Providence College
Jessica Joas	
Nora Jordan	Franklin Pierce University
Kerry Keeffe	6
Peter Kelly	University of Massachusetts,
	Boston
	University of New Hampshire
Geunwoo Kim	
	University Park
_	University of Massachusetts, Lowell
	Middlesex Community College
Michaela Knight	
	University of Massachusetts, Lowell
Stephen LaVasseur	
	Amherst
Lauren Leonard	
Zhaohui Li	
	Amherst
Zhaoxia Li	
	Amherst
Connor Lopes	_
Molly Lucey	
Ericka Luongo	
Emma Lutz	•
	University of Massachusetts, Lowell
Thomas Magee	Endicott College

Marina Maher	Middlesex Community College	Melissa Rogers	Regis College
	University of Southern Maine	Adrieana Rossini	
	North Shore Community College	Julia Roy	
Matthew Mancini		Andrea Royo	•
	University of Massachusetts, Lowell	Taylor Rubenskas	•
Elizabeth McCall	•	Jillian Rufo	
Tylor McCarthy	Universal Technical Institute	Jake Ryan	Norwich University
Owen McElhinney	University of Vermont	Nina Saitta	Salem State University
Nolan McIsaac	University of Massachusetts,	Kaitlyn Sands	Stonehill College
	Amherst	Olivia Scioletti	The University of North Carolina
Kathleen McLaughlin	Boston University		at Chapel Hill
Katherine McNamara	Auburn University Montgomery	Daniel Sheldon	University of New Hampshire
Ivan Mikhaylov	Undecided	Jaehyeok Shin	Purdue University
Jonathan Mills	Regis College	Nicholas Silva	University of Rhode Island
Nicole Minnelli	Framingham State University	Jacqueline Sindoris	Salem State University
Cameron Moniz	Work	Imranjin Singh	University of Massachusetts,
Bailey Moore	The Ohio State University		Amherst
Dylan Morris	University of Massachusetts,	Aideen Smith	Assumption College
	Amherst	Jason Smith	Wentworth Institute of Technology
Trevor Morris	Suffolk University	Ryan Smith	
Hagar Moudakkire	Northeastern University	Ryan Spagnoli	Southern New Hampshire
Samantha Muzarol	Endicott College		University
Gerard Nicotera	Merrimack College	Danielle Sullivan	University of Massachusetts, Lowell
Hyun Chan No	Cornell University	Shannon Svenson	Curry College
John Noonan	•	Patrick Taing	Western New England University
	Wentworth Institute of Technology	Sarah Tanner	University of the Incarnate Word
	University of San Francisco		University of South Carolina
Andrew O'Halloran	_		New England Wolves (EHL)
Allison O'Neill	_	Madeline Tkachuk	
Nicholas Papathanasiou	_	Joseph Tormo	
	North Shore Community College		University of South Carolina
Michael Passatempo	_	Mariana Trodella	· ·
John Peer		Isabelle Tumblin	University of Massachusetts,
Kenneth Pham		T	Amherst
	Bunker Hill Community College		Franklin Pierce University
	Wentworth Institute of Technology	Alexandra Vito	•
Jessica Piracini		Meghan Volcy	
	Middlesex Community College		University of New Hampshire
Sidni Ramirez	•	Jake Walsh	
Daton Darron d	Queens Campus University of Massachusetts, Lowell	Houhan Wang	
Edward Reardon	•		Indiana University at Bloomington
	Middlesex Community College	Matthew WesoloskiGregory Whelan	
Brendan Regan		Brendan Whitney	
Satish Reginald		Alissa Whitten	
Sarah Reis		Kathleen Witham	
	University of New Hampshire		Middlesex Community College
Matthew Richardson		Shanglin Zhai	
John Rideout		Grace Zukowski	
John Rogers		- TOTAL TOTAL	_ miles Similarity
J			

# Faculty v. Seniors Hoops









Thank you to Senior Matt Wesoloski for acting as the game's referee, and to Seniors Katelyn Boyle, Mike Passatempo, and Tom Kent for their color commentary as the action went on.

The faculty is now 5-1 all time against the senior class. The Class of 2016 better start practicing!























## Achievement

## Center

Arlington Catholic High School is excited to announce the launching of a unique student Achievement Center which will be open to welcome and serve students this coming September 2015.

#### **MISSION STATEMENT:**

The Arlington Catholic Achievement Center will strive to empower students by providing the skills, resources and structure for them to achieve academic success.

Guided by a learning specialist, individualized and small group work will focus on study skills and executive functioning allowing students to become more effective and efficient learners.

The Achievement Center will focus on working collaboratively with students to develop strategies for learning, studying and test-taking. Additionally, this center will offer a range of meaningful enrichment programs and workshops to engage and benefit all students.

Achievement Center offerings will include:

- In-school collaboration with a learning specialist who will focus on study and organizational skills, executive functioning, and decoding strategies
- Reviews of IEP accommodations to assist students in making effective progress in the classroom
- Enrichment workshops open to all students
- A structured peer-tutoring program for academic support
- Teachers available in the center to provide additional content-specific help



## National Latin Vocabulary Exam

The National Latin Vocabulary Exam made its debut this year. This was the first year Latin students took this exam. The exam is designed to test a student's knowledge of Latin vocabulary. Each level of Latin has a different list of words they are required to know in order to do well on this exam. This year the Gold medals were awarded to: Elena Bonetti, Karmen Lu, Jane Wakefield, and Peter Kelly. The Silver medals were awarded to: Robert Cain, Ria DeFranzo, and Maragaret Gillis. Finally the Bronze medals were awarded to: Andrew Chan, Erin Kelley, Anna Lynch, Eric Spagnoli, Kenneth Fong, Jacob Fulton, and Elizabeth McCall.

## Classical Literacy Exam

Many Latin students at Arlington Catholic recently received word that they won medals or certificates for their work on the Classical Literacy Exam, a very difficult and demanding exam designed to test their overall knowledge of the Greek and Latin world, the languages, cultures, literature, etc. They are accountable for hundreds of terms that they must memorize. In addition, the exam is a "fill-in-the-blank" format for which they cannot guess.

#### The winners:

#### SILVER MEDALS HONORABLE MENTION

**CERTIFICATES** Elena Bonetti Nikki Doherty Juliana Dolan Jane Wakefield Andrew Chan Margaret Gillis Robert Cain Karmen Lu Kenneth Fong Jacob Fulton Kathleen McLaughlin

Hanweh Gu Peter Kelly

#### Bronze Medals

Nicole Shanley Ria DiFranzo Eric Spagnoli Elizabeth McCall

## National Latin Exam

AC Latin students have competed in the National Latin Exam with thousands of others across the world including the United States, Zimbabwe, Croatia, and Australia. This test assesses the scholars on Latin grammar, comprehension, mythology, derivatives, literature, Roman life, history, geography, oral Latin, and Latin in use in the modern world. Congratulations to Jacob Fulton for receiving a perfect score this year- part of the only 1,004 of 140,000 participants to receive this accomplishment. Also applauded are the three seniors Jacob Fulton, Elizabeth McCall, and Kenneth Fong who have been awarded Oxford Classical Dictionary Awards for receiving gold medals all four years. We commend the following on their honors:

#### GOLD SUMMA CUM LAUDE

Hanwen Gu Margaret Gillis Elena Bonetti Nicole Shanley **Jacob Fulton** Elizabeth McCall Kenneth Fong

#### SILVER MAXIMA CUM LAUDE

Andrew Chan Abigail Connell Erin Kelley Karmen Lu Nikki Doherty **Bobby Cain** Ria DeFranzo Jane Wakefield Alissa Whitten Peter Kelly

#### Magna Cum Laude

Anna Lynch Tia Martignetti Eric Spagnoli Kathleen McLaughlin Samuel Jennings

#### **CUM LAUDE**

Juliana Dolan Nolan McIsaac

## National Etymology Exam

In the Winter of 2014, Arlington Catholic Latin students participated in the National Etymology Exam. This exam covers Latin and Greek derivatives and their uses in the English language. Out of the 29 student participants, 16 were rewarded with medals for their outstanding performances on the exam. These are the medalists for the 2014 exam:

Advanced Level: (grades 11 and 12)

#### GOLD MEDAL

Elizabeth McCall, Margaret Gillis, Kenneth Fong, and Jake Fulton

#### SILVER MEDALS

Alissa Whitten

#### Bronze Medals

Nolan McIsaac, Nicole Shanley, Nikki Doherty, Samuel Jennings, and Kathleen McLaughlin

Intermediate Level: (grades 9 and 10)

#### GOLD MEDAL

Elena Bonetti, Robert Cain, and Karmen Lu

#### Bronze Medals

Julia Hart, Ria DeFranzo, and Thomas DeLillo

# National Roman Civilization

Exam

During the Winter of 2014, Arlington Catholic Latin students participated in the National Roman Civilization Exam, hosted by the National Junior Classical League. This exam tests students on their knowledge of ancient Roman society, from the ancient holidays and festivals to the geography of the ancient Roman world. Students receiving medals for their outstanding achievement on the exam are as follows:

Advanced Level: (grades 11 and 12)

#### SILVER MEDALS

Alissa Whitten

#### BRONZE MEDALS

Kenneth Fong

Intermediate Level: (grades 9 and 10)

#### SILVER MEDALS

Elena Bonetti

#### Bronze medals

Karmen Lu, Anna Lynch, Andrew Chan, and Jane Wakefield



In addition, the seniors all took the Classical Scholar's Exam, the most difficult of all the national competitions in which AC competes.

#### Bronze Medal

Peter Kelly Kenneth Fong Jacob Fulton

#### Honorable Mention

Kathleen McLaughlin Elizabeth McCall

Congratulations to all!

## Campus Ministry Happenings





Feast of the Ascension

#### PILGRIMAGE FOR LIFE

The Arlington Catholic community participated in the annual Pilgrimage for Life in Washington DC. The Pilgrimage is held each year on the anniversary of *Roe v. Wade* legalizing abortion in the United States. Sister Barbara McHugh, Campus Minister, and five students attended the Pilgrimage. The students were very happy to join Cardinal Sean O'Malley and 800 pilgrims from the Archdiocese of Boston on this special walk to promote the value of all human life. Cardinal Sean has never missed a Pilgrimage and is always very gracious to the young people of the Archdiocese. The Arlington Catholic students were fortunate to take a "selfie" picture with the Cardinal and the picture was featured in the Archdiocesan newspaper The Pilot. We are happy to continue to witness to the value of human life.

#### CATHOLIC SCHOOLS WEEK

The theme for Catholic Schools Week for 2015 was Catholic Schools: Communities of Faith, Knowledge, and Service. Unfortunately, the liturgy for Catholic Schools Week was cancelled due to the relentless snow of 2015. The school community did, however, hold the annual Souper-Bowlof-Caring during Catholic Schools Week. Students and staff donated either two cans of soup or \$2.00 to be out of uniform. The cans of soup were donated to the Arlington Food Pantry and \$1200.00 was donated to the Sisters of St. Joseph Literacy Connection. Sister Patricia Andrews, Director of The Literacy Connection, wrote the following response for the Arlington Catholic donation. "We thank you for the extremely generous donation from your efforts at a "Souper- Bowl-of Caring." For the record, you all deserve to be named MVP of Care for the Dear Neighbor!! We already know that one of the blessings is the thoughtfulness of friends like you. To paraphrase that Beetles song -"We will get by with "a lot" of help from our friends." We are happy to continue to help those in need.

#### Walk for hunger

Several students and staff participated in the Greater Boston Walk for Hunger on Sunday, May 3. This annual walk raises funds to help the poor in Massachusetts. Arlington Catholic has participated in this walk for more than 25 years. Hunger is a serious problem both locally and globally and we are happy to bring awareness of the issue of hunger.

#### St. Joseph's day

The Arlington Catholic community gathered in prayer at a Mass of Thanksgiving for the Feast of St. Joseph. Father Brian Flatley, our Pastor, presided at the liturgy. The liturgy was enhanced by the gift of song from the school choir and its director, Ms. Oksana Berezkina. The liturgy began with a history of the Sisters of St. Joseph arriving in Boston including sharing the history of the sisters at St. Agnes' Parish and Arlington Catholic in particular. Sister Barbara McHugh gave a Communion Reflection on what it means to be a Sister of St. Joseph. We are proud to share the legacy of the Sisters of St. Joseph at Arlington Catholic.

#### **BLOOD DRIVE**

The annual Red Cross Blood Drive was held on April 9. More than 40 students and staff donated blood for this important cause. Many of our students helped to register participants and to care for those who donated blood. We are proud to continue this special project knowing that donating blood saves lives.

#### FEAST OF THE ASCENSION

The Arlington Catholic community gathered in prayer for the Feast of the Ascension. We were happy to welcome the North Area Vicar, Father Gerard Petringa, as the Principal celebrant and homilist at the Mass. Father Petringa was assisted by Con-celebrants, Father Brian Flatley, Pastor, and Father Jack Graham, Parochial Vicar. The students and staff participated in the liturgy as altar servers, readers, presentation of gifts, Eucharistic Ministers, and members of the choir. We were honored to witness senior, Julie Fager, receive two sacraments during the liturgy. Julie received the Sacrament of Confirmation and Eucharist during the liturgy. Julie shared her faith journey during her years at Arlington Catholic and worked with Sister Barbara McHugh for her sacramental preparation. The students and staff enjoyed witnessing Julie receive the final two Sacraments of Initiation.

### Junior Retreat















### Science Team

For the second straight year, AC finished in third place overall in the North Shore Science League, out of 26 schools. In the last meet of the season on April 14, Ben Caron led AC with a first place finish in the physics building event; the group of Laura Caron, Brian Hart, and Conor Meehan earned a high score in the Biology event; and Dan Caron, Kenny Fong, Junhyi Le, and Ali Moudakire performed well in the Instant Invention event. In addition to finishing in third place in the league, AC also earned this year's award for Best in Physics. Congratulations to Mr. Murphy and the Science Team on a job well done!



## National Honor Society











On Wednesday evening, April 29th before a large audience of parents, grandparents, siblings, sponsors, faculty, and friends, forty-seven members of the junior class were inducted into the Arlington Catholic High School National Honor Society. After the invocation given by Fr. Jack Graham of St. Agnes Parish, Mr. Stephen Biagioni, principal of Arlington Catholic, gave the welcoming address. The Junior Book Awards were presented by Mr. John DeLorenzo, Director of Guidance, followed by senior members of the National Honor Society, President Alissa Whitten, Vice President Jacob Fulton, Secretary Sarah Reis, Treasurer Francis Greenwood, and Public Relations Officer Rachel Cole who delivered speeches describing the history of the NHS as well as its "four pillars", leadership, scholarship, character, and service. As is the tradition at National Honor Society inductions, the candle lighting ceremony and reciting of the pledge took place followed by the awarding of certificates of membership by Ms. Linda Butt, Vice Principal, assisted by Ms. Kelleher and Ms. Taverna, NHS Advisers. Keynote speaker for the evening, Mrs. Lauren Dever of the English Department, addressed the new inductees, thanking them for their leadership and service not only to Arlington Catholic, but also to their communities. She encouraged students "to continue to give, but also open your hearts and minds to receiving the support of others."

In what has become a traditional part of the NHS Induction Ceremony, a special commendation was given to parents and sponsors by Mr. Biagioni who also surprised them with certificates of their own in recognition of their part in the success of their sons, daughters, and sponsored students, each of whom presented the certificates to them personally with the assistance of Mr. John Graceffa and Ms. Kathleen Cassell. The ceremony concluded with the recessing of the advisers, senior members, and inductees to the musical accompaniment of pianist Ms. Oksana Berezkina, who had provided the music for the entire evening. A collation in the cafeteria followed the ceremony.

# French & Spanish Honor Society

Arlington Catholic High School is pleased to have chapters of the Société Honoraire de Français (French Honor Society) and the Sociedad Honoraria Hispánica (Spanish Honor Society), national organizations under the auspices of the American Association of Teachers of French and the American Association of Teachers of Spanish and Portuguese. In order to be inducted into these honor societies, students must have maintained a minimum of an A- average in French or Spanish for at least six quarters, as a senior be enrolled in level four or higher of French or Spanish, have an average of B- or better in their other subjects, and demonstrate good conduct and character. Students receive a certificate and an honor cord to wear at graduation.

Télicitacions
Telicitaciones
Congratulations to all!

### THE STUDENTS FROM THE CLASS OF 2015 WHO ARE MEMBERS OF THE SOCIÉTÉ HONORAIRE DE FRANÇAIS ARE:

Julia Forbes Andrea Royo Matthew Mancini Kaitlyn Sands

THE STUDENTS FROM THE CLASS OF 2015 WHO ARE MEMBERS OF THE SOCIEDAD HONORARIA HISPÁNICA ARE:

Peter Bardascino Hallie McCadden Melanie Blake Nicole Minnelli Katelyn Boyle Bailey Moore Dorie Campbell Hagar Moudakkire Giuliana O'Connell Taylor Cavanaugh Astride Chery Allison O'Neill Kenneth Pham Stephanie Coles Alyssa Cunha Sarah Reis Sally Dunning Melissa Rogers Julie Fager Olivia Scioletti Verena Ferraz Daniel Sheldon Paul Frisoli Isabelle Tumblin Brian Hart Meghan Volcy Jessica Joas Grace Zukowski

Kerry Keefe







### Botball

On March 28, Arlington Catholic sent two teams to the 2015 New England Regional Botball Robotics tournament held on the Lowell campus of the University of Massachusetts. What an exciting day it was! The seven students participating put their robots to the test in the morning's qualifying rounds and then faced off against 22 other high school teams from across New England in a head-to-head, double-elimination competition. Our AC teams brought their "A" game to the tournament, achieving seeding ranks of 6 and 8 respectively and notched several wins each during the tournament before being retired.

This challenging and often nerve-wracking day brought to fruition months of intensive preparation. Since none of the students had any prior robotics experience, they had to research and master many engineering and programming concepts in order to produce robots that could successfully solve the problem and score points. Their robots were not controlled by wired, remote control, but operated autonomously by software the students wrote in the C programming language. Along the way, they built an eight foot square practice arena which replicated the official model in which they would compete.

The competition was sponsored by the national Botball organization (http://www.botball.org/) which is affiliated with the KISS Institute for Practical Robotics (www.kipr.org/), a respected leader in science, technology, engineering, and mathematics (STEM) education.

The AC Botball team gratefully acknowledges a generous donation from the MIT Lincoln Laboratory as well as our principal, Stephen Biagioni for financial and moral support.

Congratulations to our participating students: Hyun Chan No, Se Yong Park, Greg Huh, Jaehyeok Shin, Catherine Rosie Brady, Tim Woo Sung Chung and Matthew Mancini!



#### **COLLEGE OF THE HOLY CROSS**

#### JENNIFER ONG

Awarded to a high school junior excelling in academic achievement and who has evidenced sincere concern for others as well as a responsible attitude to all his/her endeavors. The student should be in the top 5-10 percent of the class in keeping with the profile of the typical student offered admission to Holy Cross.

#### DARTMOUTH COLLEGE

#### KATHARINE DONAHUE

Awarded to a high school junior for academic achievement and extra-curricular participation. The award is presented to a student in the top 10 percent of the junior class who has an outstanding combined academic average in three college preparatory subjects, English, Mathematics and foreign language.

#### HARVARD UNIVERSITY

#### LAURA CARON

Awarded to a high school junior who exemplifies excellence in scholarship and high character combined with achievement in other fields.

#### **REGIS COLLEGE**

#### **CAITLIN DONAHUE**

Awarded to a high school junior displaying outstanding academic promise, a strong ability in English with excellent written and oral communication skills, and one who exhibits leadership within his/her high school community.

#### ST. MICHAEL'S COLLEGE AWARD FOR SCHOLARSHIP AND SERVICE

#### MATTHEW SOLVILETTI AND MARIE GAFFNEY

Awarded to a male and female junior who is a member of the National Honor Society and has demonstrated a sustained and sincere commitment to community service activities through their high school or organizations within the local community.

#### ST. ANSELM'S BOOK AWARD

#### KAITLYN MAGUIRE

Awarded to an outstanding student in the junior class who exercises a capacity for academic achievement and continued education, has an awareness of social responsibility, displays leadership qualities and possesses strong character.

#### **BOSTON UNIVERSITY –** SCHOOL OF EDUCATION

#### ALEXA DELLOIACONO

This award honors a junior who has expressed an interest in pursuing a career in education or an education-related field which has been demonstrated with community service and who is in academic good standing.

#### STONEHILL COLLEGE BOOK AWARD

#### JULIA HALL

This award honors a junior who is academically talented and service-oriented. This award recognizes a junior who has not only excelled in the classroom, but who has also made positive contributions to their school and community.

## UNIVERSITY OF ROCHESTER – FREDERICK DOUGLAS AND SUSAN B. ANTHONY AWARD

#### **EMILY GUERRIERO**

This award recognizes outstanding achievement by high school juniors in the humanities and/or social sciences. Co-curricular activities, grades and courses in the humanities and/or social sciences as well as leadership and community service are important criteria for this award.

#### UNIVERSITY OF ROCHESTER – GEORGE EASTMAN YOUNG LEADERS AWARD

#### VALERIE O'LOUGHLIN

This award recognizes outstanding achievement by high school juniors in leadership and academics.

#### UNIVERSITY OF ROCHESTER – BAUSCH & LOMB HONORARY SCIENCE AWARD

#### BENJAMIN CARON

Presented to the outstanding science student in the junior class.

## UNIVERSITY OF ROCHESTER – XEROX AWARD FOR INNOVATION AND INFORMATION TECHNOLOGY AWARD

#### **COSTANTINOS ANGELAKIS**

Presented to the outstanding student in the junior class who demonstrates a strong interest in innovation and/or information technology and a high level of achievement in this area in course work.

#### RENSSELAER AWARD

#### DANIEL CARON

Presented to one student in the top 5 percent of the junior class who has displayed the most outstanding achievement in mathematics and science.

#### LE MOYNE COLLEGE

#### CAROLINE KALLENBERG

Recognizes students "reaching for the heights" in the classroom and in service to their school and community.

#### WHEELING JESUIT UNIVERSITY

#### ABIGAIL KNIGHT

Consistent with the mission of developing lifelong learners with a commitment to service, the student must be one that exemplifies academic achievement (with a minimum GPA of 3.3).

#### ROCHESTER INSTITUTE OF TECHNOLOGY

#### XIAOYING HUANG

#### Computing Medal & Scholarship Program

Recognizes high school juniors who have distinguished themselves academically, are active and involved members of their school and demonstrate interest and ability in computing.

#### ROCHESTER INSTITUTE OF TECHNOLOGY

#### NIKKO MARTINS

#### Innovation & Creativity Award Program

Recognizes high school juniors who have distinguished themselves academically, are active and involved members of their school, and demonstrate outstanding achievement in innovation, creativity or entrepreneurship.

## Students of the Quarter

At the end of every quarter, teachers nominate students and then the full faculty takes a final vote on who should receive the honor of Student of the Quarter. A student from each class is chosen based on their commitment to living the AC motto: "Act justly, love tenderly, walk humbly with God."

#### **SECONDQUARTERRECIPIENTS**



Veronica Burke, Freshman



Meghan Kreider, Sophomore



Paul Solviletti, Junior



Brian Hart, Senior

#### THIRD QUARTER RECIPIENTS



Tim Simmons, Freshman



Hanwen (Nello) Gu, Sophomore



Jenna Limone, Junior



Matthew Mancini, Senior

#### FOURTH QUARTER RECIPIENTS



Michael Quinci, Freshman



Marie Donovan, Sophomore



Costa Angelakis, Junior



Dan Sheldon, Senior

# Senior Reflections The ART OF THE MINI ESSAY

Mrs. Lauren Dever gave her English IV students a writing challenge. They were to choose two of the following topics to write about, in very few words. Since space was limited, students were instructed to pay close attention to diction and overall style. Here are some of the results:

#### OPTION 1:

Your high school experience in 40 words

To mark your four years of high school please write a 40 word essay describing your experience at AC.

#### OPTION 2: Hindsight is 20/20

Write a 60 word essay explaining what you would tell yourself as a freshman if you could go back in time.

#### **OPTION 3:**

The world as your classroom

Write a 30 word essay on the most powerful lesson you learned outside of the classroom during the last four years.

#### **OPTION 4:**

My wish for you...

Write a 50 word essay on the theme "what I wish for future generations of Arlington Catholic students" or "what I wish for Arlington Catholic."

#### OPTION 5:

My future...thanks to my past

Write a 60 word essay on the above theme- be as specific as possible.

My experience at AC has been a great one.

I have made some of my closest friends here that I know
I will have for a lifetime. High School has been
unforgettable and taught me how to strive and persevere.

- Mikayla Cutler

Going back in time, I would tell myself as a freshman to never take anything for granted in high school. Go to every sporting event, school function, and social outing there is because four years go by faster than you think. Before you know it, your last day of school will arrive and you do not want to regret anything.

– Mikayla Cutler

It's been an honor to be a Cougar. Memories from sports and prom to the American dance and my broken tibia have been unforgettable and have left me with no regrets.

These were the most memorable years of my life.

– Jake Ryan

Arlington Catholic was a roller coaster of a ride. I did not like freshman year and wanted to transfer to Burlington High. I am glad I stayed because in reality these have been the best four years of my life.

– Matt Hennigan

Going to AC was one of the best choices I ever made. The friendships I have made will hopefully last an eternity. My high School experience has flashed by in the blink of an eye. I'll never forget AC.

– Adrieana Rossini

I have enjoyed my years at Arlington Catholic tremendously; I can only hope that everyone who passes through these doors will feel the same. My wish for AC is that it keeps the tight-knit, community atmosphere and that all classes passing through are just as cougar crazy as our class.

– Katelyn Boyle

## Drama Fest

#### "The Girl Down the Hall"

by *Elizabeth McCall, 2015* 

Student Director

Dorie Campbell, 2015

Performed at The Regent Theatre, February 11, 2015

Massachusetts Educational Theatre Guild High School Drama Festival Entry, February 28, 2015

This show raised over \$400.00 for Mental Health Awareness





















# Fine Arts Might

The outside of The Regent Theatre Underground can be deceiving: it doesn't look like AC turf - no blue and gold, no lockers, no hallowed halls, no athletic banners here. But inside...it's undeniably AC: joyful voices, music, art, color, creativity, and impromptu sing-a-longs. Your descent into the Underground for Fine Arts Night was worth it. Art everywhere! The event featured art from students in Art I, Painting & Drawing, Design, Sculpture, Visual Arts Studio, and the Photography Club. Ceramic, paper mache, watercolor, paint, and charcoal drew you into the intimate, friendly space. Throughout the evening, guests and artists mingled, discussing artwork, enjoying refreshments, and of course the good company. Since art goes well beyond the canvas, the event was threaded with music courtesy of The Cougar Choir, and ACDC (Arlington Catholic Drama Club) who reprised numbers from this year's production of Godspell. The night ended with the tradition of newly elected ACDC officers "singing for their supper." Sophomore Veronica Seguin even entertained the audience with frighteningly accurate impressions of fellow castmates and Mrs. Billings.





















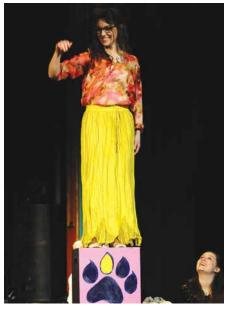


# Godspell

"We can build a beautiful city . . . Yes, we can. Yes, we can..."

The cast and crew of Godspell did more than build sets and characters, they built community.

You can still check out what people are saying about this show on Twitter @ACDCGodspell!

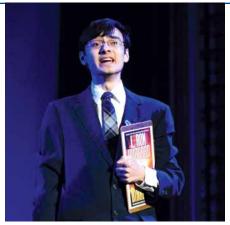














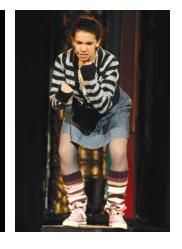












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Claire Sheehan Daniel & Patrice (Keefe) Sheehan

Daniel Sheldon

Dan & Terri Shine

Nicholas Silva

John Simeone

Joseph & Erin (Kilgarriff) Simmons Tom & Lori (Sullivan) Simmons

Joan Simon

Caitlin Skinner

Aideen Smith

Mr. & Mrs. Austin Smith, Jr.

Austin L. & Barbara S. Smith, Sr.

Lisa Solano Costanza

Ryan Spagnoli

Mike & Connie Speidel

Karen Spellman Kerr

Carol M. Spellman Wilfred & Alice St. Martin

State Street

Mr. & Mrs. Keith Stavely

Harry & Kathleen Stocker

Leonard Stocker Frank & Patricia Storella

Valerie Struzziero

Mr. & Mrs. Richard Stukenborg

Charles & Ruth Sullivan Deborah Sullivan

Mr. Edward Sullivan Jacqueline J. Sullivan

Francis Sullivan

Mr. & Mrs. John F. Sullivan

Mr. & Mrs. Michael Sullivan Mr. & Mrs. Robert Sullivan

Mrs. Lesley Swaylik

Claire L. Tanner

Theresa Tanner

Target

Maggie Taverna

Nancy (Ernst) Taylor

Frank & Judy Tessitore The Class of 1984

Linda Thiel Paul Thiel

Charlotte Corbett Thompson

William J. Thyne

Ryan Tierney

Margaret Tobin Finnegan Kristine Toomey

Sheila Toomey

Rosemary Torpey

Janine Towle Ellen Travers Roche

Jack Treanor

Victor Tremblay

Mariana Trodella

Mr. & Mrs. Henry Tumblin Anthony Uglietto

Charles Uglietto Andranik Valedi

Anne Valeri

Mr. & Mrs. Carl Valeri Martin Vazquez

Emma Ventura

Michael & Michelle (Banks) Venturelli

Dave Villandry Bob & Terrie (Frissore) Vincent

Elizabeth Waitt

Mr. & Mrs. Scott Wakefield James Walsh

Christopher C. & Denise (Erwin) Webber

Elizabeth Gilbert Weingrad

Wells Fargo

Mr. & Mrs. Gerard Wertz David J. White

M. Elizabeth White

Julia Whitney

Alissa Whitten Mr. & Mrs. David Whitten

Megan Whyte de Vasquez

Mary Ellen Whyte Mr. & Mrs. David Wilcox

David & Terry Wilcox

Mr. & Mrs. Richard Williams Wayne & Teri Williams

E. Courtenay Wilson

Kathleen Witham Dr. William Wood & Ms. Carolyn Rosen

Chuck & Kathy Wynters

Mr. & Mrs. Peter Yapoudjian

Kathleen Young Keith Zalaski

Michael Zampell

Shang Lin Zhai

The Zoeller Family Grace Zukowski The Zukowski Family

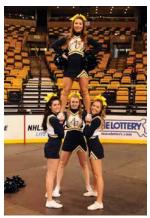
A special thank you to our faculty and stafftogether we reached 100% participation in

our Annual Fund.









# Winter Sports Snapshot









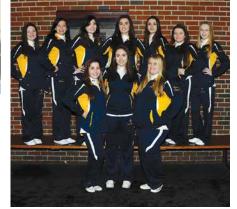


























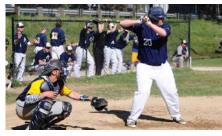




# Spring Sports Snapshot











## Sports Twards

#### FALL SPORTS

#### **Boys Cross Country - Record 3-5**

CCL ALL STARS Kevin Hickey Mike Venditti

#### Girls Cross Country - Record 8-0

CCL ALL STARS Olivia Bowman Alexandra Kay Kathleen McLaughlin Veronica Seguin

CCL CHAMPIONS - 6 CONSECUTIVE YEARS

#### Football - Record 5-6

CCL ALL STARS Greg Whelan Jake Ryan Steve LaVasseur Brendan Whitney Jack Ryan Christian Rosati

#### Golf - Record 10-3\*

CCL ALL STARS
Jake Peer
Sam Jennings
Tylor McCarthy
Kyle Boudrias
Danny Lordan
CCL MVP – JAKE PEER
CCL CHAMPIONS – 5 CONSECUTIVE YEARS

#### Girls Soccer - Record 4-12-2

CCL ALL STARS Michaela McLaughlin Madeline Courtney

#### Boys Soccer - Record 5-12-1

CCL ALL STARS Dalton Chaffee Joe Tormo

CCL CHAMPIONS

#### Volleyball - Record 20-4\* - North Finalist

CCL ALL STARS
Olivia Scioletti
Demi Fogarty
Juliana Dolan
Monica Royo
CCL MVP AND BOSTON HERALD ALL
SCHOLASTIC – DEMI FOGARTY

#### WINTER SPORTS

#### Boys Basketball - Record 17-6\* - North Finalist

Matt Wesoloski Lou Doherty Edwin Woods Mike Maher

#### Girls Basketball - Record 18-6\*

Melissa Rogers Demiana Fogarty Marie Gaffney

CCL ALL STARS

#### Boys Ice Hockey - Record 16-8-2\* Division 1 State Finalist

Bernie McGovern
Andrew Somerville
Ryan Smith
Jake Ryan
Ryan Spagnoli
Ryan Tierney
Jack Rogers
BOSTON GLOBE ALL SCHOLASTIC &
BOSTON HERALD ALL SCHOLASTIC –
RYAN SMITH
BOSTON BRUINS SPORTSMANSHIP AWARD –
PAUL FRISOLI
MSHCA ACADEMIC ALL STAR –
PAUL FRISOLI

#### Ice Hockey - Girls - Record 18-3-1\*

CCL ALL STARS Jessica Piracini Adrieanna Rossini Erin Healy Katherine Crane CCL CHAMPIONS

#### Swimming - Record 6-3\*

CCL ALL STARS
Dan Sartell
Kenneth Fong
Michelle Brienza
Alexandra Kay

#### Track - Indoor - Record 4-2\*

CCL ALL STARS Veronica Seguin Nikki Doherty Satish Reginald

#### SPRING SPORTS

#### Baseball - Record 16-6\*

CCL ALL STARS Paul Frisoli Matt Wesoloski Kyle Boudrias Christian Rosati

#### Girls Lacrosse - Record 9-10\*

CCL ALL STARS
Taylor Cavanaugh
Kirsten Tringale
Mikayla Cutler
Jessica Piracini

#### Boys Lacrosse - Record 10-9\*

CCL ALL STARS Dylan Morris Charlie Pigott Nick Silva Tom Magee Michael Balboni

#### Softball - Record 14-6\*

CCL ALL STARS Melissa Rogers Shannon Svensen Erin Lane Samantha Kenney Emily Arredondo

#### Boys Tennis - Record 3-6

CCL ALL STARS Nick Papathanasiou Jake Peer

#### Girls Tennis - Record 11-10\*

CCL ALL STARS Eileen Flynn Jacqueline Garvey Erin Healy

#### Boys Track - Record 3-6

CCL ALL STARS Satish Reginald

#### Girls Track - Record 9-0\*

CCL ALL STARS
Sarah Maimone
Nikki Doherty
Giuliana O'Connell
Monica Royo
Michaela Knight
Veronica Seguin
Alexandra Kay
Stephanie Goguen
Olivia Bowman
CCL CHAMPIONS
CCL LEAGUE MEET CHAMPIONS

\*Qualified for Tournament Play

#### Sports Awards cont.

Brendan Whitney was presented with the Dr. John Treanor Award for Outstanding Performance in Football.

Melissa Rogers and Matt Wesoloski were awarded the John Cronin Award for Outstanding Contribution in Basketball.

The David Powers Jr. Award honoring the Best Senior Defensive Player was presented to Jack Rogers.

The Hobey-Baker Award honoring a hockey player who best displays character and sportsmanship was presented to Ryan Spagnoli.

Sarah Maimone and Satish Reginald were awarded the Coach Thomas Duffy Award for Achievement in Track.

The Coach Bob Martin Award was given to Melissa Rogers for Achievement in Softball.

**Jake Ryan** was given the John J. Finnegan Award for Dedication in Baseball.

Olivia Scioletti was awarded the Jessica Downey Fiorino Award for Dedication in Volleyball.

# Sports Wrap Up



#### STRONG FINISH FOR RUGBY TEAM

When the Arlington Catholic Rugby team took the field for the end-ofseason jamboree at the beautifully-named Foley Stadium in Worcester on a mild spring day, it seemed like a far cry from the beginning of the season. A blanket of snow covered the ground for the first two weeks of practice, but that did not stop more than thirty determined rugby players from showing up every day to prepare for the upcoming campaign. An influx of talented new players joined a core group of wily veterans to form AC's most explosive team in years. The experience and hard work paid off as the Cougars closed out the season in winning fashion.

When the season finally began, the team got off to a slow start, dropping the opening game to Lincoln-Sudbury and losing a friendly match to the Essex Bulldogs. After that, everything clicked and AC went on a tear. Before a spirited home crowd, the Cougars defeated the reigning division champion, Brookline High School, on a last minute try in the corner, followed by a difficult, but successful, conversion kick. AC followed up with impressive wins against both Andover and Cambridge to finish the regular season in a three-way tie for first place. Unfortunately, only two

> teams make the play-offs, and AC missed out due to a tiebreaker based on point differential.

This only served as motivation as the Cougars prepared for the jamboree. AC faced Algonquin in the opening match and cranked up the pressure in the second half to win handily. The second game was a closely contested match against a determined squad from Needham. AC never gave up and, again, scored in the closing minutes to secure the victory. Despite the disappointment of missing the playoffs, the team maintained a great attitude and played enthusiastically within the spirit of the game. Great job!



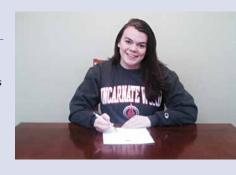
#### GIRLS SPRING TRACK WINS SCHOOLS FIRST CCL CHAMPIONSHIP!

This spring, the Arlington Catholic girls track team won the Catholic Central League title for the first time in school history. The AC girls finished the regular season with an undefeated record of 9-0 and also won the Catholic Central League Championship Meet for the second year in a row.

At the CCL Championship Meet, junior Nikki Doherty won both the 100 meter high hurdles and 400 meter hurdles, and was named the MVP of the meet and a league all-star. Senior captain Sarah Maimone, who won the long jump and finished second in the 200 meters, and senior captain Giuliana O'Connell, who won the triple jump, were also named league all-stars. The AC girls' 4x800 meter relay team, which consisted of sophomores Veronica Seguin, Alexandra Kay, and Stephanie Goguen, and junior Olivia Bowman, finished in first place in the meet, and all four members of the team were named league all-stars. Senior captain Michaela Knight and sophomore Monica Royo also achieved all-league status to give the AC girls a total of 9 league all-stars.

#### SARAH TANNER SIGNS AS DIVISION I ATHLETE

Sarah Tanner has signed a commitment letter of intent to swim with the 2015 Division 1 Varsity Synchronized Swim Team at the University of the Incarnate Word in San Antonio, Texas. Sarah has been a member of Cambridge Synchro, a local synchronized swim club team for seven years, three of which she has been team captain. Sarah has competed at National Championships and Junior Olympics for several years and participated in her first International Swim Meet this May. She is also a senior athlete delegate who represented New England Synchronized Swimming at the 2014 U.S Aquatic Sports Convention.

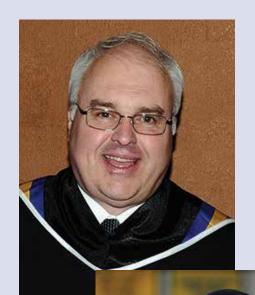




Arlington Catholic is proud to announce that Dan Shine, long time Athletic Director and Boys Ice Hockey Coach, has been inducted into the Massachusetts State Hockey Coaches Association Hall of Fame. Dan has served as our hockey coach for 36 years and in that time has won three State Championships; a 1990 Division 2 Title, a 1997 Super 8 Title and a 2010 Division 1 Title. His career record is a very impressive 520-240-64, which puts him among the elite of coaches ever to coach high school hockey. He has also been named Coach of the Year 5 times by the Boston Globe and Boston Herald.

Dan is past president of the MSHCA and has been a Board member

since 1983. He is the longest serving Chairman of the MIAA Ice Hockey Committee (since 1979). He has also been inducted into the Arlington High School Hall of Fame and received the MIAA John E. Young Award for Distinguished Service (2012) and the William N. Gaine Jr. MIAA Sportsmanship Award (2014). We all know that Dan's pride and joy is the Special Needs Skating Program that he and the coaching staff, as well as both the girls and boys teams, started in 2000. Congrats to Dan!







Scholar Athletes must achieve a letter for at least two years in two separate Varsity sports in addition to being the highest ranking student in competition.

#### **SCHOLAR ATHLETES**

#### Sarah Reis, Kathleen McLaughlin and Dalton Chaffee

Sarah Reis is the co-recipient of the 2015 Female Scholar Athlete Award. Sarah has already built an impressive resume as a senior in high school. Not only is she a Scholar Athlete, she is also committed to community service. In addition to being a member of the National Honor Society, making the honor roll every quarter at AC, and playing a sport 10 of her 12 seasons at AC, Sarah is also an active member of the Humanitarian Club, Model UN, The Cougar Growl, Campus Ministry, Yearbook and was a senior class Representative. On top of all that, outside of school, Sarah likes to travel, dances competitively, plays the flute and sails!

Sarah was a member of the Winter and Spring Track Teams, and was elected captain of both teams. She participated in the State Meets in both sports and was a valuable member of AC's first ever CCL Championship Girls' Track Team.

Sarah is obviously a very motivated and hardworking young woman, as she has excelled in all areas. In addition to her very busy extracurricular schedule, she has been taking AP courses since her sophomore year, and took 6 AP Courses during her senior year, leaving her with an extra class and no study period.

An incredible young woman, this year's scholar athlete will be taking her talents to Fordham University in the fall. Good luck Sarah!

**Kathleen McLaughlin** is also the co-recipient of the 2015 Female Scholar Athlete Award. Kathleen has consistently done well in athletics, academics and extra-curricular activities while finding time to help others as well.

Kathleen's possesses a stellar transcript, including 8 Advanced Placement classes and many honors classes. She is a member of the National Honor Society, President of the Student Senate, the Model UN, SADD and the Humanitarian Club, with whom she has traveled to the Romero Center several times. She was also the Vice President of the Junior Class. Outside of school Kathleen has volunteered with Warrendale Little League, participated in the Emerging Leaders of Waltham program and spends many hours as a volunteer coordinator in the Brigham and Women's Hospital NICU.

Athletically Kathleen has run Cross Country and played Varsity Lacrosse and Ice Hockey. She was a member of the State Championship Ice Hockey Team in 2012 and was named a CCL All-Star several times. As a hockey player she normally played defense. This season, however, one of her teammates was injured and she stepped up to play forward, a small act that shows her dedication to her team and her teammates. Kathleen was a Cross-Country captain, received the Rookie of the Year award as a freshman and helped lead the team to several League Meets wins and Championships.

Kathleen has been chosen to receive the Mederios Scholarship to Boston University, where we know she will continue to succeed on many levels. Good luck Kathleen.

**Dalton Chaffee** is the recipient of the 2015 Male Scholar Athlete Award. Dalton has had an impressive career at Arlington Catholic. He is a scholar, an athlete, and so much more. Over the past four years, Dalton has emerged as a true leader in the school community. A consistent presence

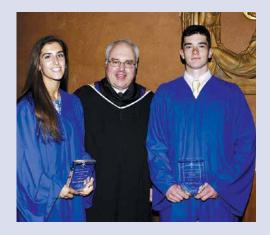
on the honor roll, Dalton has excelled in the classroom despite taking an extremely challenging course load. Dalton has been earning advanced placement credit since his sophomore year and is a member of the National Honor Society.

On the playing fields, Dalton has worked relentlessly to improve, not only as an athlete, but also as a leader. Both the soccer and rugby teams recognized his abilities and named him captain for his senior season. Dalton's work ethic and fiercely competitive spirit have inspired his teammates to strive to be the best they can be. As a result, both teams showed a marked improvement under Dalton's leadership.

Dalton's ability to motivate himself has contributed to this success. He does not limit academics and sports to the school year. An avid reader, hiker, and skier; Dalton is constantly improving his quality of life. When not participating in one of his many hobbies, Dalton has found the time to work countless hours as a laborer and to become an Eagle Scout.

A veritable renaissance man, this year's scholar athlete will be taking his talents to Bentley University in the fall. Good luck Dalton!

Scholar Athletes Kathleen McLaughlin and Dalton Chaffee were also named CCL All Scholastics for their impressive athletic and academic acheivements.



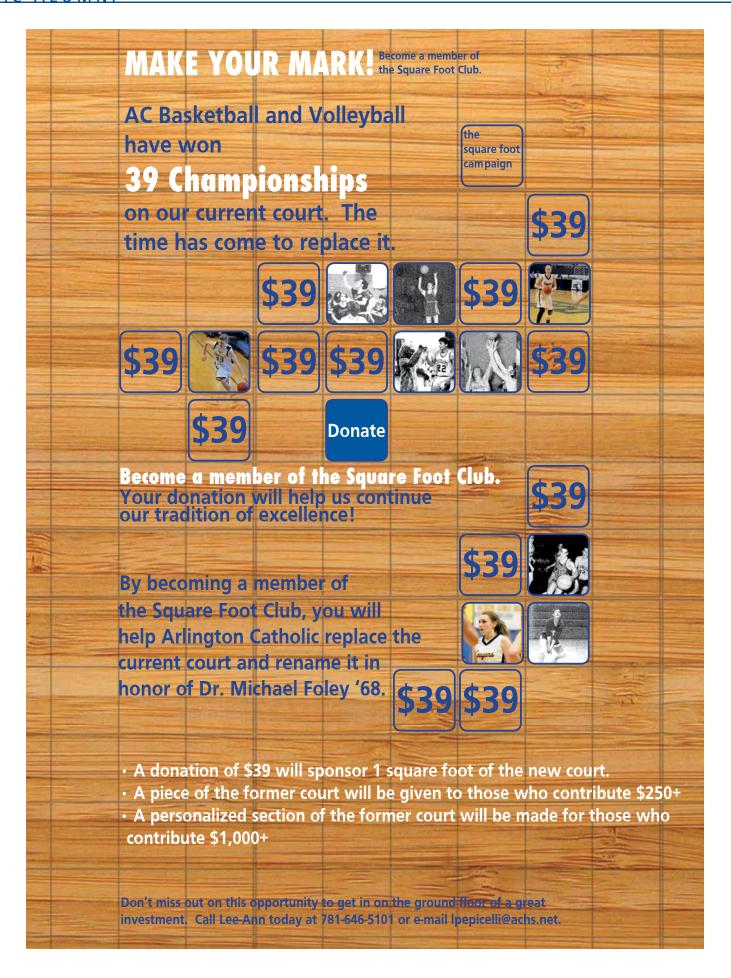
The Woman and Gentleman Athletes are nominated by their coaches and chosen by the faculty and staff of AC with the criteria being that the athlete conduct themselves with dignity and class, both on and off the playing field.

#### Woman and Gentleman Athletes

#### Olivia Scioletti and Charles Pigott

Olivia Scioletti has been chosen to receive the 2015
Gentlewoman Athlete Award. Olivia is a member of the National
Honor Society and the Spanish National Honor Society and
Vice-President of the Class of 2015. Olivia is a valued member
of the Volleyball, Indoor Track and Outdoor Track Teams. She
served for two years as Volleyball captain and helped lead the
team to the CCL Championship and the Division II North
Semifinals this year. She has also been named CCL all-star
several times. Olivia will be attending the University of North
Carolina at Chapel Hill in the fall and is sure to continue to
have great success, we wish her well.

Charles Pigott has been chosen to receive the 2015 Gentleman Athlete Award. Charlie is a three sport varsity athlete- competing on the Football, Ice Hockey and Lacrosse teams at AC. Charlie is a SADD officer and has participated in the Boston Sock Exchange program. All hockey players are required to participate in the Arlington Special Needs Skate, something many players, including Charlie, describe as extremely rewarding. Charlie has been an asset to the Arlington Catholic community; we wish him the best of luck and continued academic and athletic success at Wentworth Institute of Technology next year.



# Alumni / lews

#### class of 1979

Ann-Marie Heidingsfelder's new book, The 20 Minute Sales Coach: Increase Sales & Improve Sales Performance in As Little As 20 Minutes a Day, stands out on the shelf of selling "how-to" books. Its' very unique, hands-on approach for B2B sales executives and their leaders provides solid sales coaching benefits in brief chapters and workbook pages that can be mastered in a mere 20 minutes a day. For many sales teams coaching is an option that simply isn't available due to lack of organizational funding, or management time and skill set. Yet studies show that coaching can and does help sales teams exceed their goals. The 20 Minute Sales Coach solves this dilemma -- transforming how sales people navigate on their own the most vexing detours to success with proven maps to drive their own personal, high-impact selling plans. According to Ms. Heidingsfelder, research shows that over 80% of sales training is forgotten within 30 days when not followed by coaching. Today's career development shelves are packed with hundreds of books describing the competencies for increasing sales. Sales professionals can read what they need to do but are very often left wondering,

"Okay, but now how do I implement these behaviors?" Training is the "seeing and hearing" but coaching is the actual "doing" that makes learning stick. The 20 Minute Sales Coach provides this important component with practical advice as well as a framework for formulating customized success strategies. The 20 Minute Sales Coach is available immediately in bookstores and online at Amazon. com for \$ 15.99 paperback and in digital format.

About Ann-Marie Heidingsfelder - With over 22 years of senior executive sales success in technology and financial services, Ann-Marie Heidingsfelder, MBA assists her B2B and executive clients in developing and implementing effective sales strategies through individual and group coaching. Ann-Marie understands that each client has distinct needs and works on custom sales and leadership blueprints with goals and a growth plan tailored to their specific company and industry. Situation-specific coaching and leadership solutions are delivered nationwide in-person and via tele-sessions. Services include competency and communications assessments as well as fundamental solution selling training both on-line and in person.



Mark Olson ('06) and Katelyn (Canty) Olson ('06) were married in Meredith, NH

AC Alumni in attendance were: (Bottom to top, left to right) Mary Ellen (Murray) Canty ('70), Krystle Olson ('00), Katelyn (Canty) Olson ('06), Mark Olson ('06), Patricia (Canty) Robinson (73), Jessica Keefe ('04), Maureen "Terri" (Canty) Tainter (76), Carol (Murray) Strachan (71), Kevin Canty ('70), Fred Pratt ('70), Chris Olson ('98), Ray Robinson ('70), Paul MacDonald ('70), Neil Johnson ('70), John Lally ('70), Betty Lally ('70), Ryan Gillespie ('06)

#### class of 2006

On October 4, 2014, Mark Olson ('06) and Katelyn (Canty) Olson ('06) were married in Meredith, NH. Ryan Gillespie (Class President, '06) served as the Best Man and recalled fond memories of AC in his hilariously entertaining speech. Parents of the bride Kevin Canty ('70) and Mary Ellen (Murray) Canty ('70) hosted an unforgettable reception, with many AC alums in attendance. The newlyweds have begun their "happily ever after" at their home in Westford, MA.

#### class of 2009

Matt Bonaccorsi '09 has recently been promoted to Deputy Press Secretary for Massachusetts Senate President Stan Rosenberg. Matt worked on Elizabeth Warren's 2012 campaign for U.S. Senate after attending the University of Massachusetts Amherst, where he studied Political Science and International Relations.

class of 2011 Daniel Giron has joined the training camp with Guatemala's Under-23 national soccer team. After starting 17 of 19 games last fall for the University of Vermont Catamounts, he had a brief trial stint with the Guatemalan U20 squad before arriving at UVM two years ago. Brought in for the final week of the training camp, though, there was little chance for him to break into the squad then, he said. Now he's vying for a place on a squad trying to secure Guatemala's first Olympic appearance since 1988.

## All 80 Reunion!

On Saturday, March 7th, graduates from 1980 through 1990 came and joined us to celebrate their classes, their friendships, their lives and their era. Our 1980's Decade Reunion in the AC Gym was a great success with proceeds going towards our Unleash the Spirit Campaign to replace the gym floor. We celebrated all ten classes in that decade with a DJ that played that great 80's music, light refreshments and a full cash bar served by alum bartenders Joe Simmons '88, Jim Simmons '90, Tom Simmons '90, with help from Michael Hertigan '88 and Ed Flynn '90. Among those who stopped in to say hello were current faculty members that both taught and coached during the 80's; Mr. Serge Clivio, Mr. Bill Murray and Coach Steve Biagioni (our current principal!). It was great to reconnect with people not only from our own class, but also those in the classes above and below. We even had a special appearance by our Cougar Mascot proudly worn by Regina Carpenter Jenson '85. A great time had by all.

Our biggest challenge was getting the word out. Our database is not as updated as we would like it to be. Please contact the Development office to update your contact information at esimmons@ achs.net or 781-648-0316.











GOLF TOURNAMENT



9/21

## Schedule of Events



10/14
3/19
./
4/9
5/13

## AC Hall of Fame Nominees

Do you know an Arlington Catholic graduate who has **excelled in his/her career**? Can you think of someone who has always been an **overachiever: in high school, college, business or the community**? Do you know of someone who should be recognized for their **contributions to AC**?

Nominate them!

for the Arlington Catholic High School Hall of Fame or the Arlington Catholic High School Athletic Hall of Fame.

#### **PURPOSE:**

Members of the AC Community are welcomed into the Hall of Fame to be recognized for their contributions inside and outside of AC. Past inductees have made laudable contributions to their profession, society and the AC Community.

#### **CRITERIA:**

Candidates can be nominated by alumni, friends, family, faculty, staff and/or colleagues. The nominee must:

- Be a member of the AC Community.
- Live the mission of the school.
- · Be worthy of recognition for their personal or professional accomplishments.
- Be available to receive the award on April 6, 2013.

#### HOW TO NOMINATE:

- Complete the Nomination form here.
- · Explain in a few paragraphs why you believe this candidate deserves recognition and include with this application
- Return form to Arlington Catholic High School Development Office at 16 Medford Street, Arlington, MA 02474.

We ask that all nominators keep nominees' names confidential to ensure a fair and objective selection process by the committee. All finalists in the selection process will be kept under consideration for a three-term cycle of Hall of Fame inductions. Inductions will be held every other year.

People can be nominated for the Arlington Catholic High School Hall of Fame for the following accomplishments:

- 1. **Distinguished Alumnus:** An alumnus who has distinguished himself/herself in their career or through community service, specifically in line with the AC mission.
- 2. Alumni Service: An alumnus who should be recognized for outstanding service to the school through volunteering their time and expertise.
- 3. Honorary Alumnus: An individual who has been a vital part of the community, but is not an alumnus of the school.
- 4. Volunteer: An individual who has shown exemplary service and contribution to the school.

People can be nominated for the Arlington Catholic High School Athletic Hall of Fame for the following accomplishments:

- 1. **Athletic:** An individual who has shown outstanding athletic ability and embodies the qualities of "Act justly, love tenderly, walk humbly with your God." This can include players, as well as coaches.
- 2. Legends: a group, team, or coach in the school who did something first or best.

ARLINGTON CATHOLIC HIGH SCHOOL HALL OF FAME NOMINATION BALLOT				
Your Name:		Relation	Relationship to Candidate:	
Your Phone Number:		Your E-	Your E-mail Address:	
Name of Nominee:		Year of	Graduation (If applicable):	
	choose one:	☐ ACHS Hall of Fame	☐ ACHS Athletic Hall of Fame	

Please return this form and written explanation for nomination to ACHS Development Office, 16 Medford Street, Arlington, MA 02474.

#### **FIDELITAS**

Arlington Catholic High School 16 Medford Street Arlington, MA 02474

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Parents, if you are receiving mail for your children who no longer reside with you, or your home is receiving more copies than you would like, please notify the Alumni Office at (781)646-5101.



# Keep us Informed

Are you moving, or have you moved? Have you recently graduated from college, been promoted, won an award, or gotten married? Please send any additional information you would like to see published in the next edition of Fidelitas Alumni News Section to lpepicelli@achs.net or attach, on a separate sheet of paper and mail to AC.

Complete this form and send it to:

#### **FIDELITAS**

Arlington Catholic High School 16 Medford Street Arlington, MA 02474

Name				Class	
	LAST	FIRST	MIDDLE		
New Address:					
	NO.	STREET	CITY	ZIP	
Phone		Email			
Old Address:					
	NO.	STREET	CITY	ZIP	